

Advocacy Update

September 2026



IN THE NEWS: *Hunger Action Month*

September is **Hunger Action Month (HAM)**, an annual nationwide campaign that unites food banks, anti-hunger organizations and the public to inspire people to take action against hunger and to raise awareness for those facing food and nutritional insecurity in our communities.

Everyone needs nutritious food to thrive, yet over 387,000 individuals, including over 112,000 children, in Orange County experience food insecurity. Throughout Hunger Action Month, we encourage you to come together to support our community members in need. Visit feedoc.org/HAM to learn more about Hunger Action Month and ways to get involved.



LEARN MORE: You can learn more about food insecurity this Hunger Action Month by enrolling in the [Zero Hunger Academy](https://www.feedoc.org/ZeroHungerAcademy), a free online resource provided by the Congressional Hunger Center.

AROUND OC: *Congressman Dave Min Visits South County Outreach*



During the August Congressional recess, Congressman Dave Min joined Second Harvest for a visit to our partner, South County Outreach, in Irvine. We were able to tour their new food pantry and learn more about how local organizations are responding to the increased food need across Orange County.

Opportunities like this are an important part of our advocacy work. Bringing elected officials into community spaces allows them to see firsthand the impact of food insecurity, hear directly about the challenges our neighbors are facing, and better understand the role that food banks and community partners play in meeting that need.

We are grateful to Congressman Min for taking the time to visit, listen, and engage with this work, and for his continued support of South County Outreach and Second Harvest as we work together toward a hunger-free Orange County.

ENGAGE:

Take Action: Use the resources in the [Hunger Action Month Toolkit](#) to help spread awareness and encourage your communities to take action via digital channels.

Examples include raising awareness for Hunger Action Month in community newsletters, community calendars and on social media.

ON THE CALENDAR:

Check out the [Hunger Action Month Community Calendar](#) for ideas on ways to get involved throughout the month!