



FOOD
FROM THE
BAR
ORANGE COUNTY

FAMILY & FRIENDS DAY

7:30-10:30 AM SATURDAY, JUNE 21, 2025

Join us and bring your colleagues, family, and friends out to volunteer!

Join us as we plant, harvest, weed, and/or maintain the fields of Harvest Solutions Farm, our partnership with the University of California South Coast Research & Extension Center and Solutions for Urban Agriculture.

- Located ~3.5 miles from the Food Bank in Irvine.
- Open to volunteers age 7+ (*adult chaperone required for minors*).
- A great way to earn hours for your team towards the Rockstar Voluntarius award – a trophy that is awarded to the firm/association that volunteers the most per-capita during the month of June.

[Click here](#) or scan the QR code to sign up to volunteer.



Limited spots available, sign up today!



SECOND
HARVEST
**FOOD
BANK**
ORANGE COUNTY



2025 Volunteer Opportunities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 8:30 AM - 11:30 AM Distribution Center Volunteering	3	4	5	6	7
8	9	10 12:30 PM - 3 PM Distribution Center Volunteering - PM SHIFT	11	12 7:30 AM - 10:30 AM FARM - Harvest Solutions Farm Volunteering	13	14
15	16	17	18 8:30 AM - 11:30 AM Distribution Center Volunteering	19	20	21 7:30 AM - 10:30 AM FARM - Harvest Solutions Farm Volunteering
22	23	24 9 AM - 11 AM Mid-mornings at Harvest Solutions Farm	25	26	27	28
29	30					

Space is limited; all shifts are available on a first-come, first-served basis.

To register, visit <https://feedoc.volunteerhub.com/vv2/lp/FoodFromTheBar> or this QR code



Distribution Center, Irvine – open to ages 13+

Participants assist in a variety of projects that help us process food to send out to our community.

- Monday, June 2 from 8:30am to 11:30am
- Tuesday, June 10 from 12:30pm to 3pm
- Wednesday, June 18 from 8:30am to 11:30am

Harvest Solutions Farm, Irvine – open to ages 7+

Join us as we plant, harvest, weed, and maintain the fields of the farm located ~3.5 miles from the food bank.

- Thursday, June 12 from 7:30am to 10:30am
- Saturday, June 21 from 7:30am to 10:30am
- Tuesday, June 24 from 9:00am to 11am

Contact TammyTu@FeedOC.org to book other June volunteer shifts to have the hours count for your team.