



2024 Volunteer Opportunities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6 4 PM - 6 PM Distribution Center - Evening Shift	7	8
9	10	11	12 12:30 PM - 3:30 PM Distribution Center Volunteering - PM SHIFT	13 7:30 AM - 11 AM FARM - Harvest Solutions Farm Volunteering	14	15
16	17	18 8:30 AM - 11:30 AM Distribution Center Volunteering	19	20	21	22 7:30 AM - 11 AM FARM - Harvest Solutions Farm Volunteering
23	24	25	26	27	28 7:30 AM - 11 AM FARM - Harvest Solutions Farm Volunteering	29
30						

Space is limited; all shifts are available on a first-come, first-served basis.

To register, visit <https://feedoc.volunteerhub.com/vv2/lp/FoodFromTheBar> or this QR code



Distribution Center, Irvine – open to ages 13+

Participants assist in a variety of projects that help us process food to send out to our community.

- Thursday, June 6 from 4pm to 6pm
- Wednesday, June 12 from 12:30pm to 3:30pm
- Tuesday, June 18 from 8:30am to 11:30am

Harvest Solutions Farm, Irvine – open to ages 7+

Join us as we plant, harvest, weed, and maintain the fields of the farm located ~3.5 miles from the food bank.

- Thursday, June 13 from 7:30am to 11am
- Saturday, June 22 from 7:30am to 11am
- Friday, June 28 from 7:30am to 11am

Contact TammyTu@FeedOC.org to book other June volunteer shifts to have the hours count for your team.



FAMILY & FRIENDS DAY

7:30-11:00 AM SATURDAY, JUNE 22, 2024

Please join us for the Second Annual Food From The Bar Family & Friends Volunteer Day!

Bring your colleagues, family and friends out to volunteer at Harvest Solutions Farm.

Join us as we plant, harvest, weed and maintain the fields of Harvest Solutions Farm, our partnership with Solutions for Urban Agriculture and The University of California South Coast Research & Extension Center (SCREC), is located in Irvine just down the road from the Food Bank. Volunteers ages 7 and older with adult chaperone are welcome.

This is a great way to earn hours towards this year's Rockstar Voluntarius award - a trophy that goes to the law firm/company that volunteers the most per-capita hours during the campaign.

[Click here](#) or scan the QR code to sign up to volunteer.



Deadline to register is Saturday, June 8.

