

40 YEARS OF SERVICE



SEPTEMBER '23

VOLUNTEER NEWSLETTER

DISTRIBUTING KINDNESS

Hello Volunteers!

As the leaves change and the air turns crisp, we find ourselves on the cusp of a new season - fall. It's a time of transformation, and it's no coincidence that our remarkable Second Harvest Food Bank volunteers are a part of this incredible change.

With hearts full of gratitude, we extend a warm autumn welcome to all of you who have dedicated your time and energy to make a difference in the lives of those in need. Your unwavering commitment and selfless efforts are the true embodiment of the spirit of giving.

As we prepare for the fall season, we recognize the invaluable role each of you plays in ensuring that our community remains strong, resilient, and well-nourished. Your tireless work in sorting, packing, and distributing food to those facing hunger is a testament to the compassion and generosity that define this organization.

This fall, let us embark on this season of gratitude and giving with hearts full of appreciation for the incredible volunteers who drive our food bank's mission forward. Your dedication inspires us all, and we couldn't be more thankful for your contributions.



Thank you, volunteers, for being the backbone of our food bank. Your generosity and dedication are the true colors of autumn, vibrant and heartwarming.

Wishing you a wonderful fall season filled with blessings and a bountiful harvest of joy.

With heartfelt appreciation,

Alden Sanchez
Volunteer Engagement Manager

FRESH



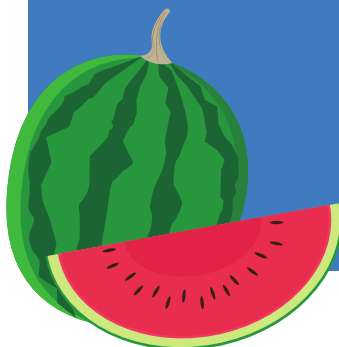
FROM THE FARM



During the month of August, Harvest Solutions Farm harvested **558,184 total pounds!** 273,866 pounds of that total was delicious watermelon in all shapes and sizes. With fall approaching in the coming months, we planted our fall crops, including spaghetti squash, butternut squash, and acorn squash. On August 31st, Harvest Solution Farm had its second birthday, recognizing that volunteers have contributed to the growth and harvest of fresh local produce, bound for the community, for two full years!!

JOKE: Why did the cantaloupe jump in the pool?

He wanted to be a watermelon!



VOLUNTEER SPOTLIGHT

GIANNA



favorite fruit:

Mango

favorite vegetable:

Bell Pepper



We are so lucky to have our amazing volunteers, and we want to highlight one in particular... Gianna! She has been serving here for awhile and is one of our Core Volunteers. When asked how she got connected, she said, "After I graduated from college and began figuring out what I was going to do with my life, I wanted to spend my free time giving back to my community. I had briefly volunteered at Second Harvest back in 2018, and, remembering **how fulfilling of an experience it was, decided to come back!**"

Gianna has dedicated **over 400 hours** to Second Harvest Food Bank of Orange County. She loves it here saying, "**I have met so many wonderful people** - whether it be an employee, **a fellow core volunteer, or someone who is volunteering for the first time** - and I love that we are all here for the **common goal of feeding Orange County**. Gianna is a joy to have at the distribution center, and **helps lead her favorite task, grocery rescue**. If Gianna isn't at the distribution center helping end food insecurity in the community, you can catch her enjoying herself at a concert.

TAKE A BITE OUT OF THESE FRESH UPDATES

GRANT VOLUNTEER

Seeking reliable volunteers to assist in securing grants for Second Harvest Food Bank. Responsibilities include research and administrative tasks. Commit just 4 hours a week for a minimum of 3 months. Contact volunteer@feedoc.org.

[CLICK HERE FOR
FULL DESCRIPTION](#)



EXPO VOLUNTEERS:

We are excited to have a volunteer opportunity at the Anaheim Convention Center helping with the IFPA EXPO. We would love your help! Join us **Oct. 21st** please by clicking the link below

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Hunger Action Month® | FEEDING AMERICA

September is **Hunger Action Month**, an annual nationwide campaign that **unites Food Banks and the public to inspire people to take action** against hunger and to raise awareness for those facing food and nutritional insecurity in our communities. **Activities take place throughout the month**, with collective efforts focusing around ending food insecurity.

RAISE AWARENESS WITH US!

- HOST A VIRTUAL FOOD DRIVE
- VOLUNTEER
- GIVE
- ADVOCATE
- PARTICIPATE



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