

The Fight Against Hunger **In Orange County**

Second Harvest Food Bank's mission is to end hunger in our community. In FY 2020, we distributed more than 42 MILLION POUNDS OF FOOD to our Partner Network members who then provided food to those in need at more than 350 locations throughout the county. We propel change through strategic, innovative partnerships and collaborations with community organizations that are equally committed to alleviating poverty. We provide reliable access to sufficient and nutritious foods and are dedicated to creating a community where all can thrive.

In Orange County more than 550,000 PEOPLE ARE AT RISK OF HUNGER, including children and their families, seniors on fixed incomes, the working poor, those with disabilities, veterans, and the homeless. We provide food and support to our Partner Network, which includes pantries, after-school programs like Kids Cafes and Boys and Girls Clubs, Permanent School Pantries, college pantries, and senior centers.

Since food banks can't provide all the assistance needed by low-income residents struggling to make ends meet, Second Harvest also helps low-income residents apply or CalFresh (formerly known as food stamps) to amplify their food-buying power.

ADDRESSING THE PANDEMIC HUNGER **CRISIS**

In response to the COVID-19 pandemic, we shifted to a more efficient food box distribution facilitated in part by our Harvest Truck Brigade, in which volunteers use their own trucks to transport food boxes to senior centers, kids' sites, and to the homes of those with critical needs. Our focus on shelf-stable food continues, supplemented with fresh produce and dairy, to ensure that we provide healthy food to those facing hunger now.

FINANCIAL EFFICIENCY

We pride ourselves on the transparent and efficient use of our donors' contributions.

Our fundraising and general management expenses are less than 10% of our total expenses, with the remainder going to programs to feed the hungry.

IT WILL TAKE ALL OF US TO MAKE **A DIFFERENCE**

Now more than ever, we need your help. To find out more about how you can make a difference in the lives of those in need with your donations of funds, time or in-kind goods, please call **949.653.2900** or visit **FEEDOC.ORG**

For information about alternative strategies for giving or about our Legacy Giving Program, call Christine Montevideo at 949.208.3150



^{*}Second Harvest Food Bank of Orange County statistics, July 2020

Impact And Reach: Second Harvest's Response To An **Expanding, Moving Hunger Target**

The pandemic-induced economic crisis sparked Second Harvest Food Bank's rapid response to the growing population of food-insecure residents, many of whom recently lost well-paying jobs. Since March 2020, we've been innovating ways to safely, efficiently and quickly meet huge spikes in demand, anywhere from 100% to 400%, and to distribute millions more pounds of food throughout Orange County.

OUR IMPACT

To meet the growing need in our community Second Harvest sourced and distributed more food than ever before.

- In July we provided food for 531,843 PEOPLE in Orange County
- An additional 15,213 CHILDREN AND THEIR **FAMILIES** have received food at after-school sites that have remained open
- In March we provided 2.870.094 POUNDS OF FOOD to those in need in our community
- By July we had scaled up to provide 6,784,829 POUNDS OF FOOD to meet the increased need due to pandemicrelated unemployment
- Our programs, School Pantries, Kids Cafes (afterschool programs), Permanent School Pantries, College Pantries, and Senior Groceries, target the most vulnerable members of our community-







Impact And Reach (Continued)

children and seniors

Second Harvest is focused on the efficient and effective use of our donor's contributions. Our fundraising and general management expenses are less than 10% of our total expenses. The remainder goes to programs that feed the hungry.

FACTORS FUELING THE NEED FOR FOOD

Second Harvest and its Partner Network have experienced a constant and growing demand for food across a wider population of the county due in part to:

- Double-digit unemployment caused by COVID-19 closures
- Explosive demand from the first wave of the "newly vulnerable" workers who lost jobs in the hospitality, food service and travel industries
- Orange County's high cost of living: In 2020 an OC resident would need to work 60.9 hours a week to afford rent of \$1,517 for a one-bedroom apartment

AND THERE IS MORE **WORK TO DO**

As more businesses shut down and unemployment continues to rise, the time to act is now. Please call 949.653.2900 or visit FEEDOC.ORG

For information about alternative strategies for giving or about our Legacy Giving Program, call Christine Montevideo at 949.208.3150.









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What Restaurants Can Learn From **Grocery Stores About Wasted Foods**

Editor's Note: In 1995, Harald Herrmann helped launch the flagship Yard House, which was bought by Darden Restaurants Inc. where he became president of its Specialty Group (Seasons 52, Capital Grille and others). Herrmann joined Second Harvest Food Bank in 2019 as CEO. For more on the Business Journal's 2020 Food Issue, see page 1 and 22.

We've all done it. We've thrown out food from refrigerators at home, at restaurants and at manufacturing facilities. It happens everywhere-many times without a thought about where that food could go to make an impact.

This is a symptom of abundance that reveals a serious ailment: food waste. Today, 40% of food grown or manufactured in the U.S. goes in the garbage, yet millions of people go to bed hungry.

In Orange County, nearly 300,000 people, including one in six

children, are affected by hunger.

My mother grew up in war-torn Germany, getting by on meager meals with nearly zero nutritional content. That lens informed my thinking when, as a 17-year-old, I took my very first job as a dishwasher at Marie Callender's. As I tossed uneaten food into the trash. I had my first insight into the problem of excess food going to waste. I carried this mindset throughout my career as a merchant of food.

I have long mentioned to coworkers that I wanted to support and/or lead a nonprofit, specifically an organization connected to food inse-This curity and children.

opportunity came at an unexpected time and was one of life's curveballs. As I learned of the open position at Second Harvest, I immediately knew, "if not now, when?"

A for-profit restaurant company competing for market share inherently develops a different muscle than a nonprofit, from the standpoint of brand self-awareness, business acumen and internal

Now, my mission is to bridge the hunger gap, and I can't help but consider how the food industry can unite to address the problem.

Challenges Restaurants Face

In the restaurant industry, there is no question that food waste is a major concern-not just because it impacts our business bottom line, but as it is a vital responsibility to be good stewards of our communities.

The goal for a restaurant is to avoid waste in throughput and capacity. We track food loss and ingredient cost to understand our waste stream. We analyze it to pinpoint efficiencies, attempting to manage yields and expenses to save money. But it is difficult in such a constantly shifting business. We may carefully plan the weekly set up but end up over-ordering a perishable ingredient such as produce.

There are more options besides running a special or throwing it out. We need more people to be more conscious of putting that food to work by placing it in the hands of the people who need it most.

The "good news" is that food waste is also a major concern among top restaurant CEOs, and many support food banks. Some restaurant groups are already operating food rescue programs.

What we need to make sure is that this food waste is top of mind

for everyone in the food industry, from grocers and foodservice companies to growers, wholesalers and packers.

Grocery Stores to the Rescue?

We are working to translate our successful grocery rescue program to the restaurant industry. Grocery rescue works like this: As grocers pull food that is nearing its "use by" date from the shelves, Second Harvest and many of our pantry network partners pick it up and distribute it directly to those who need it. Last year, that equaled 15 million pounds of good food that five or 10 years ago would have ended up in the landfill.

In fact, almost half the food Second Harvest provided to those in need last year was from our grocery

By Harald Herrmann CEO. Second Harvest Food Bank

rescue program. We must look to this well-oiled grocery rescue machine to provide a blueprint for restaurants to save and send pre-prepared food into the

community. We can look to examples such as Chefs to End Hunger as we tackle the challenges of ensuring food safety. We must provide a trusted system to which restaurants can confidently subscribe. Chefs to End Hunger hauls away pre-prepared foods in temperature-controlled trucks to a central facility to be redistributed as a donation.

In Orange County, we can go further by providing wholesalers, grocers and copackers the means to easily make a donation when they have plenty of excess food, but not the labor, time and money to sort through it and put it to use.

The food industry must come together to reduce waste and put rescued, edible food in front of those who need the support.

If there were ever an industry on the front lines of every emergency-a hurricane, a flood, a fire-it's the food community. When the American Red Cross shows up at the site of a disaster, the food industry comes together as a community, feeding first responders and those who need support.

An inherent servant mindset drives this inclination, especially in the restaurant industry. We want to do good. We want to support the communities that support us. If there is a need, we are th

We must tap into that servant mindset and realize that food insecurity is a human emergency that is lived out 365 days a year. It doesn't make the news-it's not an event. But it is pervasive, living in the shadows of every city every day, even right here. By putting together our industries, businesses and communities, we can put an end to hunger once and for all. Given our blessings of abundance within our food sources-be it store or restaurant-it's a call to action we must follow.



THE ORANGE COUNTY REGISTER



'CLEARLY, THIS IS UNPRECEDENTED'





Food





Up Close: Second Harvest CEO leads battle against hunger

Harald Herrmann's personal experience and restaurant industry know-how help him feed the need

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By SAMANTHA DUNN | samantha@coastmagazine.com | Orange County Register PUBLISHED: April 27, 2020 at 9:56 a.m. | UPDATED: April 27, 2020 at 10:20 a.m.

But Herrmann and his team are still facing gale forces: To cover the expected surge in food needs. Second Harvest is looking for about \$500,000 more a week in donations to cover the cost of not non-intralinating is current efforts but to fund more temporary paid staffers and service thousands of critical needs households affected by the virus, including senior. (Alade donations at warm. Vedeol.cc.p.)

It all may seem like a lot, and it is, but when you get to know Herrmann a little better you see that, in some ways, he's been preparing for this massive help effort his whole life. See talk, it some way, no access of the property of the proper

A few years later at age 17, Herrmann got his first job in the restaurant business as a dishwasher. "I loved the pace of the work, the camaraderie and the instant gratification a job well done," he remembers.

townsomers and occess of women and upon sign.

A Reser of service in smilled in him there was undersorred by other life experiences, starring which he saw he first wife, Starlis, Sathis cancer for many two decades. By executing all, death of the discess. Thy need to give but be depair then, "he say." It wasned to support the community than had helped us so much during the long battle with cancer. We have seen that the Starlis Cancer for the Cure." Then he married Courtney, and her hadge out of the starling a very difficult childhood connected the Hermanes to Campon Acres and Seneca, two nonprofits that specialize in supporting at eisk children and families.

and families.

The last Coest Secusion was another curring point for this father of five. "Nea resource." In the last Coest Secusion was another curring point for this father of five. "Nea resource." In the last Coest Secusion was another coest of the last Coest Secusion was also also contained that some contained was discussed by a people who were suggified to get by Food interest part of point for the complete of the last contained for the complete of the last contained for the coest of the complete of the last contained for the coest of the c

hills, you can participate Institution in the seasonality of our state.

My sanctuargy: My garden. It's my therapy. I planted a cutting garden of flowers outside
my wile's office window, so I can likeasily hand her flowers I just picked. We give flowers
as gifts. I also have a Japanese garden, and we have orange and avocado trees and a
bethein in our yard that produces enough honey for us. It's the place where I feel beauty
and can relax. But I am also responsible for it - it desert flourish unless I am in it.

Red or white? Red. I love the deep complexity of red wine. My favorite without question is a California cabernet.

Batman or Superman? Batman, because of all the eaclests.

On my nightstand... Is a book of early Picasso prints with the backstory of each one. I most often read when I'm on an airplane. The last book I read was "The Cathedral Within Transforming Your Life By Gring Something Back" by Bill Store, the Founder of No Kid Hungry.

I'm really bad at: Repairing things! I have two left thumbs. I paint, but I am not a

On my bucket list: Continued time with my family. I'd like to see more of America; there are so many beautiful states and cities. On my shortlist is Monument Valley in Utah, and I would like to go back to Washington, D.C., to go through all of the museums.

Pet peeve: Lack of organization.

I wish more people knew about: Hunger and other causes, and how good it feels to be actively involved and how much of an impact you can actually make.

Best advice I ever received: Follow your heart

My personal motto: I adopted Maya Angelou's "...people will forget what you said, people will forget what you did. but people will never forget how you made them feet," and Mahatma Gandhi's "Be the change that you wish to see in the world."

THE ORANGE COUNTY

Wednesday, June 17, 2020

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PARTNERSHIP

Food bank plants a circle of kindness

Second Harvest and microfarm grow food, sell it, use money to buy food for needy

By Theresa Walker thwalker@scng.com @TellTheresa on Twitter

In what was once the staff key features.

parking lot at Second Harvest The first is the process em-Food Bank of Orange County, a partnership is underway in which the result might be described as a benevolent circle packaged in a square box.

Produce sprouts from soil in row after row of planters, all el-evated above the hot asphalt on waist-high rolling metal tables placed near the food bank's warehouse-sized distribution center in

But this parking lot farm isn't producing just any produce, grown in any traditional way.



JEFF GRITCHEN — STAFF PHOTOGRAPHER

Erik Cutter, founder of Alegría Fresh, left, and Harald Herrmann, CEO of Second Harvest, stand among raised gardens at the Irvine food bank

and water involved. Add some social enterprise, too.

What's different? A couple of the organization's clients.

The seed money — literally and figuratively — for the Alegría

key features.

The first is the process employed by Alegría Fresh, the agricultural company growing the food. Alegría's founder, Erik Cutter. describes that process as relicultures exercise the current mix includes several types of lettuce, bright green to deep red, as well skale and Swiss chard. There

urban microfarming.
The second is how Second Harvest, the largest food bank in Orange County, is using what's be-

ing grown.
This weekly harvest won't be eaten by the thousands of needy people Second Harvest helps feed. Instead, the produce will be sold, and the money it brings

Yes, there are roots and dirt at market will be used to buy food

SoxxBoxx Farm comes from a \$150,000 grant provided by Bank

are onions and celery; herbs, including basil, parsley, sorrel and fennel; and edible flowers. That's just what's in the raised beds.

Nearby, several varieties of tomatoes climb the wire fence that separates the 3,000-squarefoot SoxxBoxx Farm area from

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Food

the many trucks that rumble past to drop off or pick up loads of food at Second Harvest's warehouse. In all, 54 SoxxBoxxes are growing

Alegría Fresh employs its proprietary SoxxBoxx Gro System, which uses rows of long, socklike mesh tubes to hold the plants inside the raised beds. It is designed to recycle carbon, reduce the release of methane gas, save water, maintain a cooling air flow and fend off pests. The system is similar to that used in the marijuana industry. "I readapted it," Cutter

said

Second Harvest begins selling the SoxxBoxx Farm produce this week through an online delivery service — at \$30 a box, plus \$8 delivery charge — through its newly created Living Farmstand initiative. The form

boxes a week for the first month or so, a number that will be calibrated as things go along. Delivery is on Fri-days and, for now, is limited to a 10-mile radius of Second Harvest's location near Orange County Great Park. A 15-mile delivery radius is expected in July.

expected in July.

Here's the big payoff: The
money made by selling produce will help Second Harvest, part of the national Feeding America organiza-tion, purchase other food products in bulk. Those groceries, ranging from nonperishables to dairy products, are bought at discount and distributed to people in need of assis-tance — a number that has exploded in recent months due to the coronavirus shut-down that began in March and is only now easing.

newly created Living Farm-stand initiative. The farm Food Bank Orange County.

Idea could spread

Herrmann and Cutter say their collaborative is a first of its kind to involve a food bank growing food to sell food to buy food.

Through about 300 partner organizations in its food distribution network. food distribution network, Second Harvest delivered nearly 26 million pounds of food last year. Clients include children living in poverty, seniors on fixed incomes, and those who struggle with homeless-ness, disabilities and other issues that can fuel food in-

nope that the farming experiment underway in the second Harvest parking lot will be repeated by other food banks, and by individing the second Harvest parking lot will be repeated by other the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot will be repeated by the second Harvest parking lot willi uals and organizations in urban neighborhoods who bear the unfortunate des-ignation of "food deserts"

Since 2016, Bank of America has provided \$50,000 grants annually to Solutions for Urban Agri-culture to collaborate with Alegría Fresh on urban re-generative farming proj-ects. The SoxxBoxx Farm-Living FarmStand project is bearing fruit from that

investment This is the first urban nearly 26 million pounds of food last year. Clients regenerative microfarm, include children living in poverty, seniors on fixed nicromes, and those who cept, said Shari Battle, Orstruggle with homelessness, disabilities and other ager for Bank of America, issues that can fuel food insecurity.

The project managers hope that the farming experiment underway in the deserts anywhere."

"It can be used in urban periment underway in the deserts anywhere."

square miles of unused or underutilized man-made surfaces in Los Ange-les and Orange counties, because of a lack of nearby, where rolling, raised farm to the food grown for Liv-dependable access to fresh, beds could be set up and ing FarmStand, along with stand@feedoc.org.

is expected to provide 100 That's a win, win, win, nutritious vegetables and maintained. He envisions composting bins that proboxes a week for the first win, win, win, win.

fruits. maintained. He envisions composting bins that proboxes a week for the first win, win, win, win. educational programs to teach children how to become plant doctors and to turn poor communities into their own sources of nutritious food. He sees his farming ideas taking root in homeless shelters and in prisons.

Cutter's focus — on developing a farming method that doesn't require acres of wide open land and doesn't over-tap scarce and costly over-tap scarce and costly water supplies — is partly philosophical and partly practical.

His bio says he has a background in biochemis-

try and oncology; his farm-ing methods are all about adaptability, sustainability, zero waste, and producing food that boosts immunity

 a critical factor in fight-ing the coronavirus.

Cutter works a 1.5-acre lot at the Farm Lab in the Great Park, about a mile from Second Harvest. There, 30 SoxxBoxxes add

generated from discards and worms at work. (That's where the regenerative or-

ganic part comes in.)
The current SoxxBoxx Farm operation can pro-vide a projected 300,000 pounds of fresh produce a year for the Living Farm-Stand. The cultivars in one box can be quickly turned into a salad that feeds up to six people.

Herrmann hones to develop a sustainable and ex-panding subscription deliv-

ery.
"This is our victory gar-den," he said. "We brought this to life during a crisis."

How to order

Living FarmStand or-ders must be placed weekly by noon Thursdays. Cost is \$30 for a box, with addi-tional delivery charge. For more information, go to feedoc.org/living-farmstand. Questions can be emailed to livingfarm-

be emailed to livingfarm-

REGISTER

We must remain unified to withstand this moment: Harald Herrmann





By HARALD HERRMANN |

PUBLISHED: July 19, 2020 at 9:00 p.m. | UPDATED: July 19, 2020 at 11:34 p.m.

The past four months have been nothing short of life altering.

I've had the honor of serving Second Harvest Food Bank of Orange County as CEO and the privilege to work alongside our team and our community partners in service of hundreds of thousands of people. We provided over 18 million pounds of food since March during an economic crisis sparked and sustained by the pandemic. The impacts of this pandemic are far from over.

From March to April, Orange County lost 222,400 jobs, primarily in the leisure, hospitality, trade, transportation and utilities industries. Experts say we are years from returning to a pre-COVID economy. In fact, the Becker Friedman Institute at the University of Chicago estimates that 42 percent of the recent pandemic-related layoffs will result in permanent job losses. Further, with stimulus monies ending in July and unemployment benefits beginning to expire in November, the 12- to 18-month outlook regarding food insecurity is bleak.

For perspective, before the COVID-19 crisis, we distributed 2.2 million pounds of food per month. Our distribution tripled in just 12 weeks, bringing our monthly average to six million pounds. How would other business sectors handle such a tremendous increase in demand? They would need additional help.

As we continue to meet demand, the funds and foods so generously donated to date will not extend in 2021—and they will unfortunately not meet the ongoing needs of the "newly vulnerable." The CFAP program, which represents up to half of our current volume, ends in

> However, unemployment will continue to persist, and our analysis shows an estimated 14.5% unemployment in July (when stimulus benefits are set to expire) and over 11 percent in December. Some experts anticipate a recovery where the unemployment and food curves may not coincide, meaning community demand will significantly outstrip the supply provided by these programs. Without supplemental USDA support, we estimate our shortfall to be three to four million pounds of food by the end of January 2021.

We must work together now to meet the clear demand for food facing our community.

We must plan to meet the expanding and long-lasting reality of food insecurity caused by this pandemic and the economic shockwave that has followed. We can do that by leaning in together, embracing this reality and preparing to meet the call for food, a basic must-have for our communities' health and well-being.

Let's lock arms, exchange ideas, marshal financial support and light the torch of community spirit needed to lift each other up and power through. We are better and stronger together.

To donate or partner with Second Harvest Food Bank of Orange County, visit FeedOC.org today.

Harald Herrmann is the CEO of the Second Harvest Food Bank.

Call for more information 949.653.2900

CLAUDIA KELLER 949-208-3136

CHRISTINE MONTEVIDEO 949-208-3150

DEBBIE GORDON 949-208-3148

MEGAN HUNKER 949-208-3187

Visit our website FeedOC.org





8014 MARINE WAY | IRVINE, CA 92618 P: 949.653.2900

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