



SECOND  
HARVEST  
FOOD  
BANK  
ORANGE COUNTY

SPRING



# We Will Not Accept A “New Normal” That Leaves Anyone Behind



**As Orange County residents return to some form of new normal and the economy slowly improves, tens of thousands of people in our community remain underemployed or out of work and are struggling to make ends meet.**

We continue to closely monitor the economy, unemployment, our own data sources and feedback from frontline partners that include houses of worship, schools, after-school programs, senior centers, transitional housing facilities, shelters for the unhoused and soup kitchens. The pandemic's lingering effects on our economy continue to put those most negatively impacted by its fallout on a challenging road back toward economic stability.

We see the needs of our most vulnerable populations firsthand, especially families with children and single women—including many single mothers. Additionally, college students and seniors on fixed incomes continue to struggle due to the economic pressures of the last 14 months.

Families in every city in Orange County continue to struggle. We continue to distribute and serve over 5.2 million pounds of food to more than 414,000 people per month—double our pre-COVID-19 distributions.

# We Are Committed To Building A Better Tomorrow

## Consistent access to nutritious food can solve hunger.

We've taken an important step forward in our food planning strategy—one that centers on helping families achieve nutritional food security.

Committing to monthly purchases of whole fruits, vegetables, fresh meat, dairy and eggs allows us to maintain a supply of nutritious food to those who need it most:

- **Children:** Food insecurity and inconsistent nutrition disrupt study, play and rest<sup>1</sup>
- **College students:** Those lacking access to nutritious food have higher rates of depression, lower grades and face more academic challenges than their counterparts<sup>2</sup>
- **Seniors:** 13.8 percent of seniors 60+ are food insecure and deprived of proper nutrition<sup>3</sup>.



## WITHOUT HUNGER, WE ARE CAPABLE OF SO MUCH MORE

When we alleviate hunger, families can focus on school, work and creating financial stability. **WITH YOUR GENEROSITY AND SUPPORT**, we have been able to feed those who counted on us. Please consider a donation to keep nutritious food flowing to food-insecure families.

[feedoc.org](https://feedoc.org)

<sup>1</sup>The National Center for Biotechnology

<sup>2</sup>*Addressing College Food Insecurity: An Assessment of Federal Legislation Before and During Coronavirus Disease—2019*, Melissa N. Laska, PhD, RD; Sheila Fleischhacker, PhD, JD; Christina Petsoulis, JD, MSPH; Meg Bruening, PhD, MPH, RD; Michael J. Stebleton, PhD

<sup>3</sup>America's Health Rankings analysis of Feeding America, *The State of Senior Hunger in America*, United Health Foundation, [AmericasHealthRankings.org](https://AmericasHealthRankings.org), Accessed 2021



# The Difference We're Making Together

## TOUGH CHOICES: PAY BILLS OR EAT

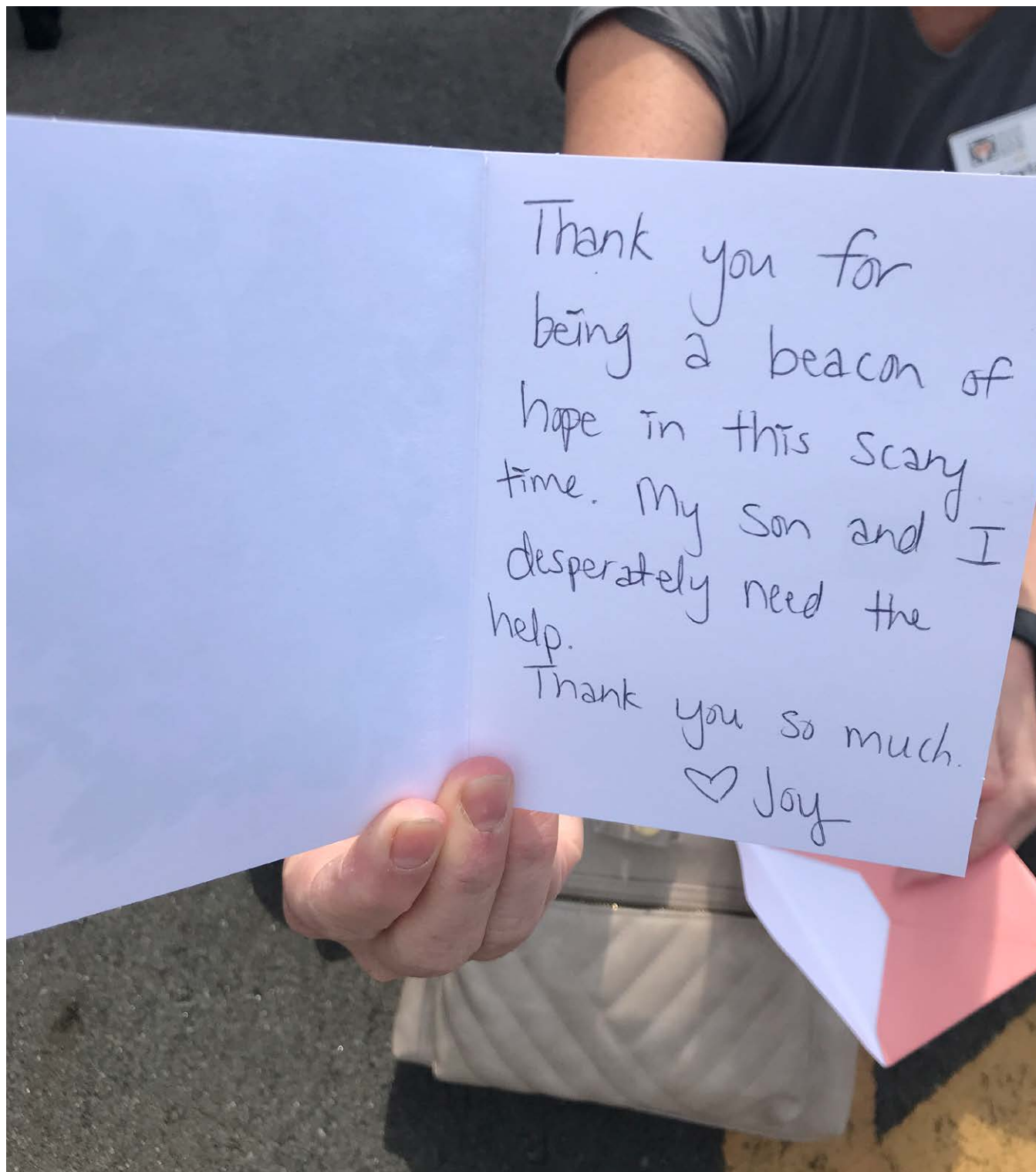


The Bañuelos family struggled financially before COVID-19, but when the virus hit Orange County they found themselves making difficult choices. Without consistent income due to underemployment, the Bañuelos family carefully weighed their most critical needs. They had to find a way to feed their children. They needed something that would help them get through. That's when Gisela found a nearby Second Harvest pantry, stocked with fresh produce and shelf-stable items.

**"WE FEEL HOPEFUL FOR OUR KIDS' FUTURE KNOWING THAT THEY'RE RECEIVING THE NUTRITIOUS FOODS THEY NEED ON A DAILY BASIS." -Gisela Bañuelos**



WE CONTINUE TO REACH OUT TO MARGINALIZED AND VULNERABLE COMMUNITIES TO HELP RESIDENTS FIND FOOD DISTRIBUTIONS IN THEIR NEIGHBORHOODS.



**PLEASE GIVE TODAY**

Call **949-653-2900** or visit [feedoc.org](https://feedoc.org)



# Recent News

**FOX 11**

## GDLA hosts week-long 'Better Together Food Drive'

By FOX 11 Digital Team | Published May 17 | Updated May 21 | Good Day LA | FOX 11

**Second Harvest Food Bank**



Wednesday's food drive benefits Second Harvest Food Bank in Orange County. To donate, [click here](#).



Helping hand from Second Harvest Food Bank

**KTTV-LA (FOX) — Good Day LA 7AM**  
Wednesday, May 19, 2021



# Thank You

## SPRING 2021

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**TOGETHER WITH YOUR GENEROUS SUPPORT, WE ARE  
COMMITTED TO BUILDING A BETTER TOMORROW.**

Donate today by calling **949-653-2900** or visiting **[feedoc.org](https://feedoc.org)**

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