

food **F O R** thought



A Heart for Hunger

On June 6, Second Harvest Food Bank of Orange County observed the passing of dear friend and founder, Dan Harney.

Known as a soft-spoken and steady leader, Dan began his second career at the Council of Orange County, Society of St. Vincent de Paul in 1978 after a successful career in finance and production management. Driven by a spirit of justice and charity, Harney guided the organization's mission of helping the suffering, while dramatically expanding St. Vincent de Paul's thrift store operations and establishing medical clinics and programs to support families of the incarcerated. When Harney began to see an increasing need for food resources around the county, coupled with startlingly high rates of food waste in the early 1980s, Harney established the Food Distribution Center—now known as Second Harvest Food Bank of Orange County—at an old citrus packing house in Orange.

Dan's dedication to all his charitable projects inspired those around him to get involved. Bob Whiton, former Second Harvest Board Chairman, recalled Dan's unique ability to draw in supporters. "Dan was clearly a man on a mission to serve the hungry of Orange County and he was quick to convincingly share that vision. It was really his passion for the mission that inspired me to serve." Yet no matter what milestones the Food Bank reached, Dan maintained his focus on the work still to be done.

Harney envisioned that the expanding need for food in the community would eventually require an even larger facility to operate efficiently, and spearheaded the process for the acquisition of a 121,000 square foot warehouse at the former El Toro Marine Corps air station. Since opening at the Irvine warehouse in 2007,

Second Harvest's food distribution has grown to an annual rate of 15 million pounds distributed to more than 480 agencies. Thanks to Harney's vision, we now reach at least 240,000 Orange County residents each month, and have distributed over 283 million pounds of food to date.

A stickler for accuracy who maintained endless spreadsheets quantifying Food Bank operations, Harney still always found time to mentor his staff. "Dan made everyone around him better," says Second Harvest General Manager, Jerry Creekpaum. "He recognized each person's potential and helped them grow to realize that potential for themselves."

Harney was committed to stewarding community resources as best he could, and never took a salary from the Food Bank. Even after his "retirement" he maintained a 40-hour volunteer week at Second Harvest, the Orange County Homeless Issues Task Force, the Federal Emergency Management Agency (FEMA), and St. Vincent de Paul. He had a truly humble spirit, and never sought personal recognition for his commitments.

To keep his generous spirit alive, Second Harvest has established the Dan Harney Memorial Fund to provide critical funding for the programs he so passionately believed in. If you would like to partner with Second Harvest in honoring Dan's legacy of giving, please indicate "Dan Harney" on your check or mailing slip when returning your gift, or visit our online donation form at FeedOC.org.

Well-loved and widely respected for his countless distinguished contributions to the Orange County community, Dan will be greatly missed—both as an inspiring leader, and loyal friend to those in need. ■

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Dan Harney
1928 - 2011



**SECOND
HARVEST
FOOD
BANK**
ORANGE COUNTY

SOCIETY OF ST. VINCENT DE PAUL

A Member of **FEEDING AMERICA**

DIRECTOR'S CHAIR

participate. donate.
advocate.

During the month of September, advocates across the nation have joined Second Harvest Food Bank of Orange County, Feeding America, and our network of more than 200 other Food Banks for Hunger Action Month—a nationwide effort to raise awareness about domestic hunger.

Since the recession, Orange County has experienced an increase in the number of seniors, children and working families who are turning to Food Banks to make ends meet. As more and more Orange County residents struggle to pay for rising costs, money left over for food is scarce. Nationally, demand on Food Bank services has increased by 42% during the recession.

In a community and a nation of such abundant resources, it's hard to believe anyone would have to go to bed hungry. But one thing we've learned over the last couple of years is that you can't always tell which of your neighbors has food in their kitchen and who has empty shelves.

Please, help us spread the word about the need in Orange County, and around the country. We have some great ways you can learn more about the issue, and take action to help us ensure that no child, family, or senior comes home to an empty cupboard.

In gratitude,



Joe Schoeningh
Director

P.S. Coming soon—look forward to updates from other Food Bank team members in upcoming issues!



Make Your Voice Heard

Take a stand against hunger in your community this September! Visit FeedOC.org and choose your commitment for Hunger Action Month.

SHOP: Check out our virtual food drive and make a donation through our online shopping experience. Every \$1 donated provides 3 meals.

WATCH: Matt Damon shares his heart for hunger in our video.

SHARE: Browse through our 30 Ways in 30 Days calendar. Share your favorite “ways” with your friends.

VISIT: Contact the Food Bank to set up a tour, volunteer, or drop off food at our warehouse in Irvine. Email Contact@FeedOC.org or call (949) 653-2900

TWEET: Promote Hunger Action Month on Twitter using the special hash tag: #hungeraction

FeedOC.org



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feedoc.org/NewsAndEvents/blog



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YOUR IMPACT!

Albertsons: A Partnership We Can Count On

Albertsons has remained at the forefront in the fight against hunger with us for more than twenty years. Their commitment to the community is evident in their willingness to get involved and provide efficient and timely solutions in providing food to the hungry. Albertsons has stepped up not only as our largest food donor but as a donor dedicated to providing the healthiest food options. Their participation in our Grocery Rescue program allows us to provide much-needed and highly nutritious food

such as meat, produce, and dairy products to low-income families. They have donated vehicles to the Grocery Rescue program and are a key community partner for our annual Scouting for Food drive. Thank you Albertsons for your dedication to the fight against hunger in Orange County! ▶



“Let’s Eat” Puts Food on the Table

Thanks to our partners at the OC Fair for a successful food drive on July 20th! As part of the Fair’s “We Care Wednesdays” fair-goers received free fair admission in exchange for food donations, bringing in enough food to provide over 70,000 meals for hungry OC residents served by Second Harvest and Community Action Partnership. Missed your chance to donate at the Fair? Check out our virtual food drive at FeedOC.org/DonateFood. ▶



OUR IMPACT!

Brown Bag Program

One of the Food Bank’s longest-running programs, Brown Bag was designed to fill the gap many seniors experience when trying to pay for rising medical costs, rent, and food – all on a fixed income.

Second Harvest has rapidly expanded the program to meet increasing demand throughout the recession, opening nine new sites in the last two years. Now serving nearly 4,000 seniors every month at 38 different locations around Orange County, recipients volunteer to help serve their neighbors and friends every two weeks.

Each grocery bag is packed with bread, fresh produce, canned fruits and veggies, and other ingredients to provide the seniors with several balanced meals – and a sense of independence and hope. ▶



FOCUS ON NUTRITION

Harvest of the Month

Peaches

Fun Fact
Peaches originated in China as a member of the rose family

What’s in it for you?
Peaches and nectarines are great sources of vitamins A and C, and contain 2-3 grams of fiber each.

Serving Idea
Make a creamy smoothie by blending fresh or frozen peaches or nectarines with milk, yogurt, and ice cubes.

Visit our Nutrition page at FeedOC.org for more tasty tips and recipe ideas.

AGENCY SPOTLIGHT

St. Boniface Church

Second Harvest Food Bank member agency St. Boniface has been serving the Anaheim community since 1984. Every weekday, site coordinator Amelia Arizmendez oversees the distribution of food from a converted garage on the St. Boniface Church property, and since 1995 has hosted special Brown Bag distribution on the first and third Thursdays of every month.

Amelia and her team of volunteers serve about 100 seniors every week through the Brown Bag program. Many of those clients rely on the food from St. Boniface as a lifeline when fixed incomes just won't cover all their basic needs. Richard and Virginia, two local seniors, expressed that "if it wasn't for the Brown Bag Program, we wouldn't make it through the month."

Second Harvest Food Bank is committed to making sure seniors don't have to make the painful choice between paying for food, rent, or medical care—and we couldn't do it without agencies like St. Boniface. Thank you to Amelia and the volunteers of St. Boniface Church for all their hard work and dedication to feeding the hungry in Anaheim!



TAKE ACTION

Miles for Meals: Make each mile count

Register now for the 2011 Dana Point Turkey Trot! Join us on Thanksgiving day to get fit while helping feed your neighbors in need. 100% of donations made upon above and beyond the cost of registration will benefit Second Harvest!



Check out the new race format and runner resources at TurkeyTrot.com and FeedOC.org!

Join the FairShare Team!



Second Harvest is proud to partner with the FairShare Project, a new initiative to reduce food waste while enabling local restaurants and diners to give back to the OC community.

Join us at any upcoming FairShare night at participating restaurants, where you can opt to receive a smaller portion of your meal with a percentage of your tab automatically donated to Second Harvest.

Find the next FairShare night in your area at [Facebook.com/FairShareProject](https://www.facebook.com/FairShareProject).

Plant Seeds of Hope with a Legacy Gift

Since 1983, Second Harvest Food Bank of Orange County has been a leader in the fight to end hunger in Orange County. With innovative programs, strong community partnerships, and remarkably high efficiency, we now feed over 240,000 hungry neighbors every month.

But the need is even greater still. With an estimated 615,000 OC residents at risk of going hungry sometime each month, we know there is much more work ahead.

As a loyal partner, we invite you to take this unique opportunity to forever change the landscape of hunger in Orange County. By remembering Second Harvest in your will, we can leverage the impact of our proven programs with your legacy gift. Recent tax law changes make this the perfect time to arrange your planned gift or bequest.

To learn more, please contact our office at 949-653-2900. Together, we can plant seeds of hope for our community's future. ▶

